



The ABC's of IEP Goal-Writing: Developing Achievable, Believable and Credible Goals for Students with Complex Needs

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Instructional Time: 3 Hours

Target Audience: This interactive workshop is appropriate for anyone serving students with complex learning needs including autism, intellectual disabilities, significant communication deficits, orthopedic handicaps and multiple disabilities.

Description: IEP teams often struggle to write functional, meaningful and measurable goals for students with complex needs who require significant accommodations and modifications to access the curriculum. During this training, examples of goals which are “Achievable, Believable and Credible” will be examined. Participants will analyze their own IEP goals and objectives to determine whether or not they meet the “ABC” criteria. They will then practice using a common-sense IEP Development Guide to create clearly-written, measurable IEP goals and objectives. Goal-writing tools recommended by the California Department of Education will be shared, and IDEA regulations related to goal-writing will be reviewed.

Learning Outcomes:

- Identify three tools which can be used to evaluate the quality and measurability of IEP goals and objectives.
- Describe six key elements that are characteristic of a well-written IEP goal.
- Explain the terms “measurable”, “individualized” and “progress” as defined by IDEA.
- Describe the rationale for writing short-term objectives or benchmarks.